

KAISERSCHMARREN ("EMPEROR'S MESS") – SHREDDED PANCAKES



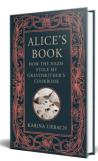
4 eggs
60g sugar
125ml milk
140g flour
60g butter
Raisins (optional)
Extra sugar for
dusting
Salt

- 1. Stir milk, flour, sugar, egg yolks and salt to make a slightly runny batter, and fold in the stiffly beaten egg white.
- 2. Grease a frying pan with butter, pour in the batter and leave to bake in the oven until brown on the bottom.
- 3. Turn over the pancake with a fish slice and, once it has browned on the other side, shred into small pieces. If still soft, it can be left to cook through a while longer before sprinkling with sugar and serving. Raisins may also be mixed into the batter.
- 4. *Kaiserschmarren* goes well with a compote, for example apple puree or black plum jam.

Alice's Book: How the Nazis Stole my Grandmother's Cookbook

by Karina Urbach (trs. Jamie Bulloch) is published on 12 May 2022 by MacLehose Press (an imprint of Quercus)

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WIENER SCHNITZEL



4 veal (or pork) cutlets, each weighing 100–120g

Salt

Flour

1 egg

Breadcrumbs

Butter or oil

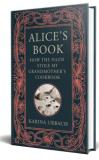
Lemon

- 1. Pound the veal/pork cutlets with a meat mallet or rolling pin until thin (1/4 inch).
- 2. Season flour on a plate with salt and pepper and coat cutlets one by one.
- 3. Dip in beaten egg on another plate.
- 4. Coat in fine breadcrumbs on a third plate.
- 5. Deep fry in hot oil or fat. Garnish with lemon.

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GULASCHSUPPE – GOULASH SOUP



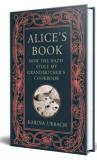
200–250g beef 250g onions 50–60g fat 1 tsp mild red paprika Salt, pepper Potatoes (approx. 500g)

- 1. Cut the beef into small cubes. Fry the onions until golden and then add the cubed beef.
- 2. Mix the paprika into the beef and onions and fry through.
- 3. Pour over enough water or beef broth to make a soup.
- 4. Leave to cook, adding salt and a hint of pepper.
- 5. Add the raw potatoes, finely diced, 20 minutes before serving.

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STREUSELKUCHEN – CRUMBLE CAKE



80g butter 2 egg yolks 150g flour 50g sugar 10g yeast Milk, salt

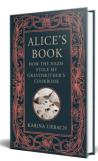
For the crumble: 50–60g sugar, cinnamon, 50–60g butter, 60g flour

- 1. Make a smooth dough out of the melted butter, egg yolks, flour, sugar, yeast (dissolved in 60ml lukewarm milk) and salt. Leave to rise.
- 2. Spread onto a buttered and floured baking sheet, about 1cm high.
- 3. Crumble: mix 50–60g sugar, big pinch of cinnamon, 50–60g melted butter, ground almonds if desired and 60g flour in a small bowl with two forks, so that a crumbly mixture forms.
- 4. Sprinkle the crumble over the dough and once again leave to rise.
- 5. Bake at 180°C for 40-45 mins.

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VANILLEKIPFERLN – VANILLA CRESCENT BISCUITS



120g flour 100g butter 50g ground almonds 40g sugar vanilla sugar to coat

- 1. On a board, knead a quick dough from the flour, sugar, butter and ground almonds.
- 2. Form into logs ½ inch thick, cut into segments and shape into small crescents.
- 3. Lightly bake at 190°C for 12–15 mins. After baking, roll in vanilla sugar while still warm.

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